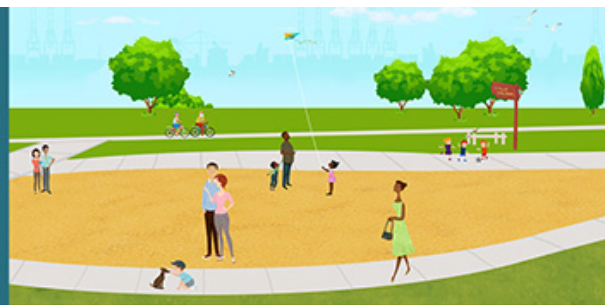


Port of Long Beach Community Grants News



The **Community Grants Program** is an unprecedented effort to lessen the Port of Long Beach's impacts on the community. Over the next 12 to 15 years, we plan to invest \$46.4 million toward community-based projects that reduce our impacts on air quality, traffic, noise, and water quality. For more information, visit polb.com/grants.

Grant Funding Submitted for Approval

Nine air filtration projects at schools, health facilities and after-school programs are headed to the Board of Harbor Commissioners for approval on Monday, Oct. 9. These projects, totaling \$743,631, will provide high-performance air filters and heating-ventilation-air conditioning upgrades at facilities most impacted by port operations. The Board will consider approval of these awards at 6 p.m. in the Board Room, 4801 Airport Plaza Dr., Long Beach. The list of proposed awardees is as follows:

- City of Long Beach – \$104,498
- The Vasek Polak Children's Clinic Family Health Center – Long Beach – \$5,859
- Compton Unified School District – Kelly Elementary – Compton – \$74,477
- Compton Unified School District – Roosevelt Elementary – Compton – \$133,652
- Compton Unified School District – Whaley Middle – Compton – \$103,322
- The Children's Clinic Family Health Center in Central Long Beach – \$12,765
- City of Paramount – Spane Park Learning Center – \$4,549
- Fairfield Family YMCA – Long Beach – \$143,979
- St. Lucy School – Long Beach – \$160,530.36

Upcoming Workshops

What improvements do you want to see in your neighborhood? What projects are important to you? The Port of Long Beach will hold three public workshops to discuss funding priorities for 2018 and beyond.

Potential grant applicants and others are invited to attend. The workshop times and locations are:

- 6-7 p.m. **Wednesday, Oct. 25**, at First Congregational Church, 241 Cedar Ave.
- 6-7 p.m. **Thursday, Oct. 26**, at Michelle Obama Library, 5870 Atlantic Ave.
- 10-11 a.m. **Saturday, Oct. 28**, at Silverado Park, 1545 W. 31st St.

Attendees will learn about and offer input regarding the Port's plans to disburse Community Grant Program funding in three areas: community health, facility improvement and community infrastructure, in alignment with the funding guidelines. Information on the program and the types of projects previously funded will be provided during a preliminary presentation.



To RSVP or to submit written comments, email grants@polb.com.

The next Community Grants Advisory Committee Meeting will be held on **Monday, Nov. 13, at 4 p.m.** in the Port Interim Administrative Offices, 4801 Airport Plaza Drive, Long Beach 90815.

Checking Your Air Quality and Controlling Your Asthma

Written by the Long Beach Department of Health and Human Services

The City of Long Beach Department of Health and Human Services has received two grants under the Port's Community Grants Program. These grants have funded the Asthma Life Skills Academy for Adults (ALSAA), which provided case management and asthma education to more than 1,000 Long Beach residents – reducing reliance on emergency and inpatient services for treatment of acute asthma symptoms by 87%.



Did you know that you can check your daily air quality? The Air Quality Index (AQI) is a guide for reporting daily air quality. It tells you how clean or polluted your air is, and what associated health effects might be a concern for you. The AQI focuses on health effects that you may experience within a few hours or days after breathing polluted air. EPA calculates the AQI for five major air pollutants regulated by the Clean Air Act: ground-level ozone, particle pollution (also known as particulate matter), carbon monoxide, sulfur dioxide, and nitrogen dioxide. For each of these pollutants, EPA has established national air quality standards to protect public health. Ground-level ozone and airborne particles are the two pollutants that pose the greatest threat to human health in this country.

Checking the AQI is especially beneficial for individuals with **lung diseases and respiratory issues, such as asthma, chronic bronchitis, and emphysema**. When ozone levels are unhealthy, more people with asthma have symptoms that require a doctor's attention or the use of medication. Ozone makes people more sensitive to allergens — the most common triggers for asthma attacks, doctor visits and emergency visits. For more information please visit www.airnow.gov.